



SPIRIT & MUSE

CREATIVE DREAM GUIDE

A GUIDE FOR BRINGING YOUR CREATIVE DREAMS TO LIFE



REVISED

2024

GUIDEBOOK + GUIDE SHEETS



FROM DREAMING ABOUT IT

TO STEPPING INTO IT

RENEE BROOKS (INTUITIVE GUIDE)

Copyright

© 2024 Spirit & Muse - All Rights Reserved.

No part of this work may be reproduced in any form or by any electronic or mechanical means without the expressed written consent of the author/creator (Renee Brooks).

Credits

DESIGNED & CREATED BY:

Renee Brooks (Intuitive Guide)

WRITTEN & EDITED BY:

Renee Brooks (Intuitive Guide)

GUIDE CREATED USING:

Canva.com

COVER PHOTO:

Steve Johnson | Pexels.com

INTERIOR PHOTOS:

Jonathan Borba		Pexels.com
Emma Rahmani		Studio Germany
Criativa Pix Fotografia		Pexels.com
Coffee Blanket		Pexels.com
PNW Production		Pexels.com
Karolina Grabowska		Pexels.com
NV Nelli		Pexels.com



SPIRIT & MUSE 2024 CREATIVE DREAM GUIDE -
guidebook + guide sheets for bringing your creative dreams to life

1



So, What's Your

Creative

DREAM?



So, What's Your Creative Dream?



I know you have something that you've been dreaming about bringing to life. If you didn't, you wouldn't be reading this. So, what is that dream, that you're holding yourself back from?

You didn't think I would get right into it; did you?

How dare I confront you like that! How dare I pull at your heart strings and ask you very directly - what is it that you want to create most?

When I say what's ***your*** creative dream, I'm not asking you *what your spouse wants, your boss wants, or what the little ones in your life want.* I'm not asking you what you're ***supposed*** to be doing or what someone else wants you to be.

I'm asking you to unveil "your" creative dream.

What is that thing that you keep tucking away ~ that you really want to see come to life? There's a piece of art, a piece of writing, something you want to make ~ that's asking for your attention.

If not, you would not be here (in these pages) being asked to tune into your deepest yearnings. Consider this an invitation to make your dream known and to take steps towards that dream.

So, What's Your Creative Dream?



Your dream is going to require a "yes" from you.

Along with that "yes", comes 8 other components that you are going to need, to bring your creative dream to life.

I believe you have all of the qualities within you needed, to bring that vision out of your imagination and into the physical world.

Some of those qualities may not be activated, but they are within you. Everything you admire in someone else, is within you also.

It's time to stop fantasizing about your creative dream. I'm going to give you a guide, with the key components needed to bring your dreams to life. And then, I encourage you to go for it!

I invite you to prove to yourself, that you have what it takes.

All I can be is a guide. I have some tools because I've been through the process, and I know what it takes to cross the finish line. You know what it takes as well, but you may be letting fear stop you. Consider this guide a gentle nudge in the right direction.

2



This Is How

You Get

THERE



This Is How You Get There



This dream of yours is not only going to require that you give it the "yes", it's going to need you to spearhead the entire thing.

You are the one who's going to see this vision through.

No one else can see it how you see it. That doesn't mean that you have to do it alone. It just means that you're going to have to move through some key components to really make this dream come to life.

You don't have to sit back wishing, waiting, or doubting yourself.

You have what it takes + there's always guidance along the way to help.

I'm going to walk you through 8 key components to the creation process. Once you embrace these 8 components, anything is possible.

These key pieces are what it takes to get started, and to see the creation through to fruition.

Let's dive in!